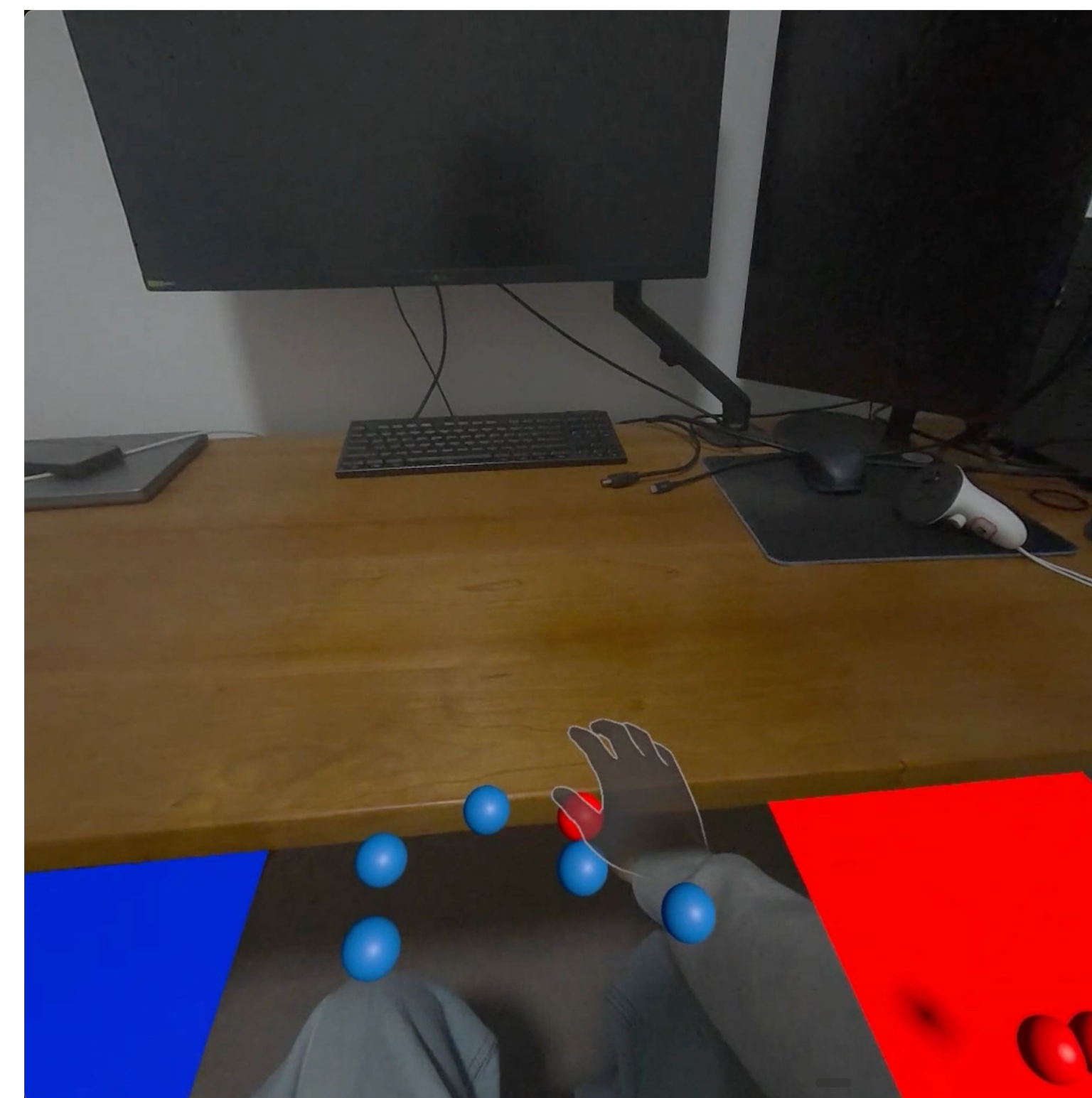
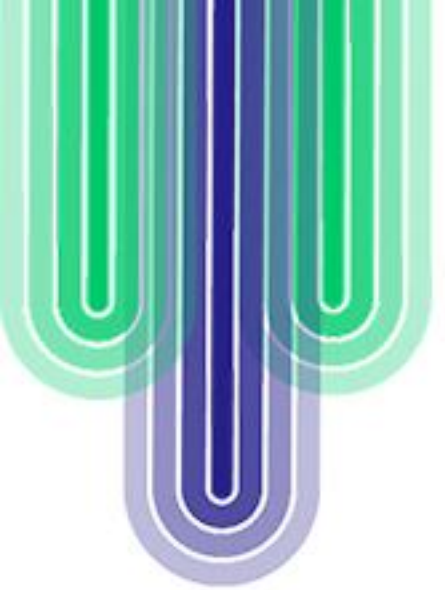


Contextual Recovery: Guiding Hand Tracking Failures Recovery in MR via VLM Reasoning

Yi ZOU, Ziming LI, Hai-Ning LIANG*, Zhiming HU*

The Hong Kong University of Science and Technology (Guangzhou)





Input Methods for MR



Controller

Precise

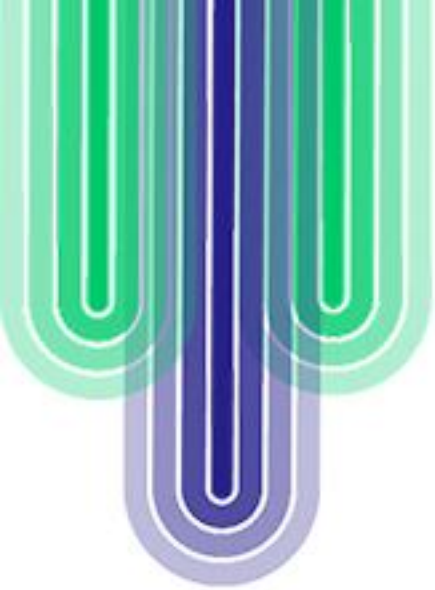
Indirect



Bare Hands

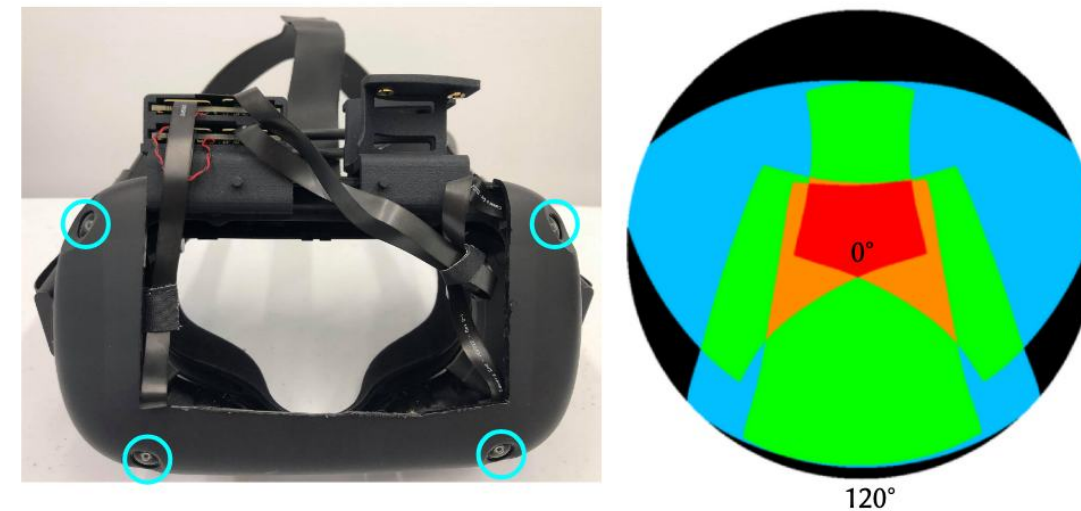
Intuitive

Unstable



Hand Tracking Preparations

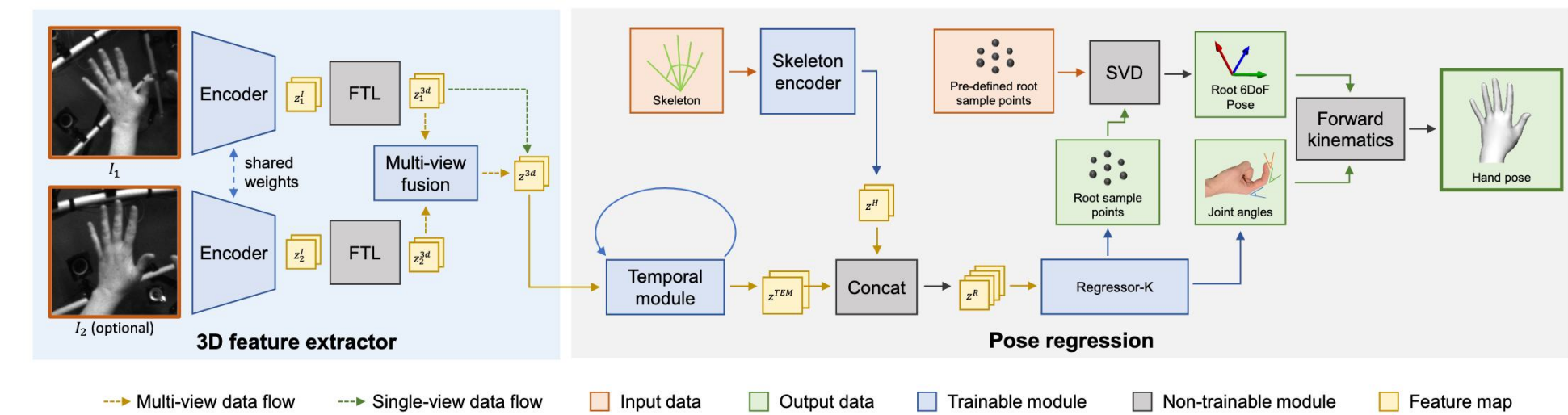
Algorithms



Camera Configuration

MEgATrack

Monochrome Egocentric Articulated



Algorithm Pipeline

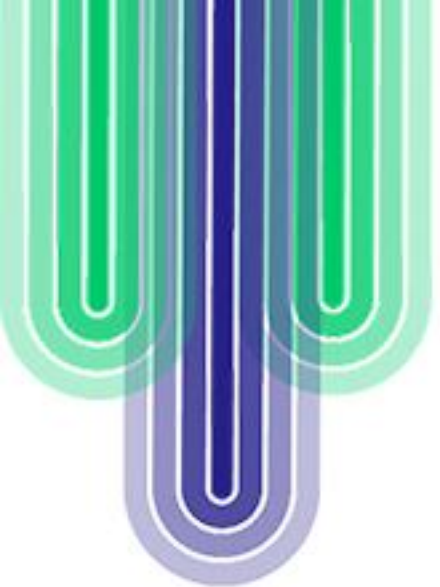
UmeTrack Unified Multi-view End-to-end

Hardware

Dedicated Camera for Hand Tracking

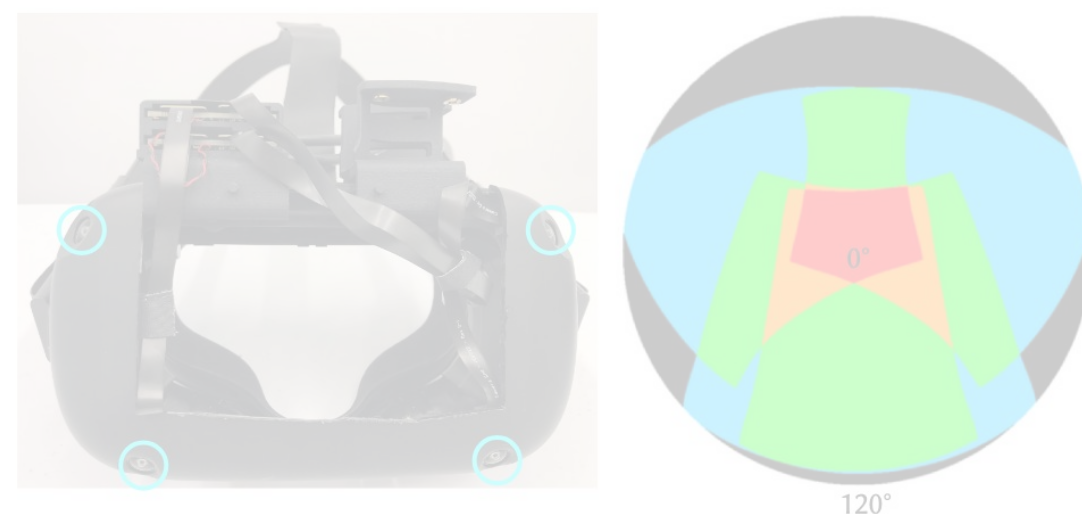
- Special Orientation, like downward-facing
- Special Camera, like infrared or depth





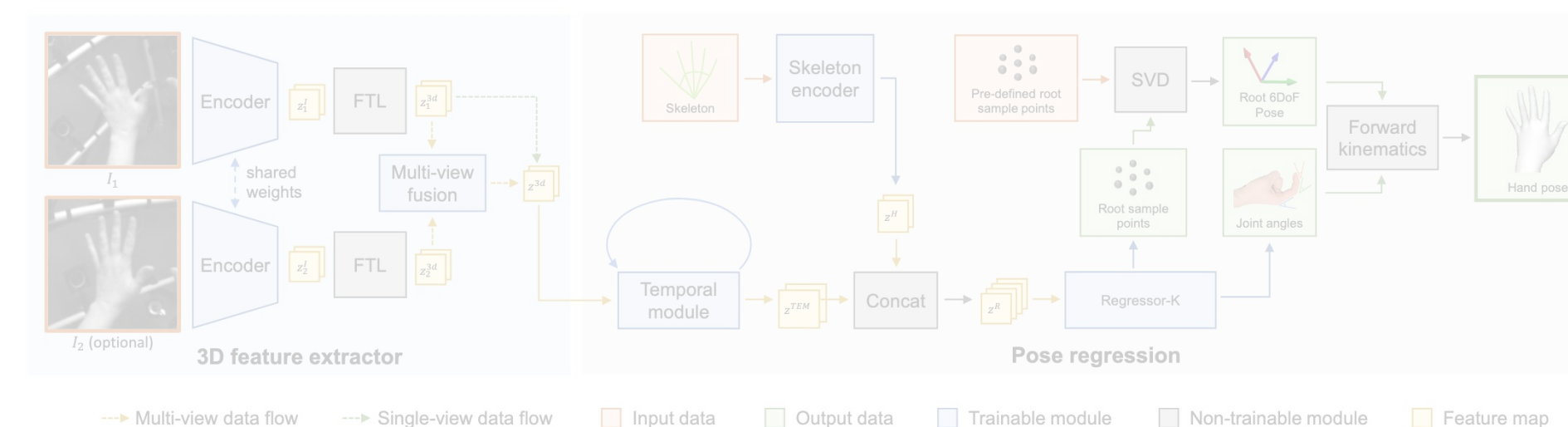
Hand Tracking Preparations

Algorithms



Camera Configuration

MEgATrack



Algorithm Pipeline

UmeTrack Unified Multi-view End-to-end

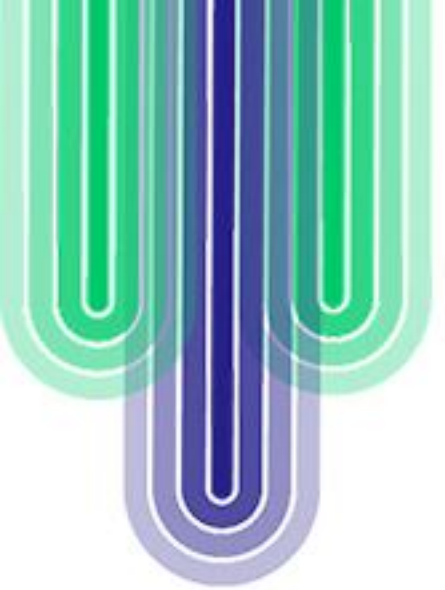
Risk of Losing Track of Hand

Hardware

Dedicated Camera for Hand Tracking

- Special Orientation, like downward-facing
- Special Camera, like infrared or depth





Hand Tracking for MR

Goals

Unified Multimodality

Scalable

Low Latency

Real-time

Accurate

For interaction and recognition

Challenges

Egocentric Perspective

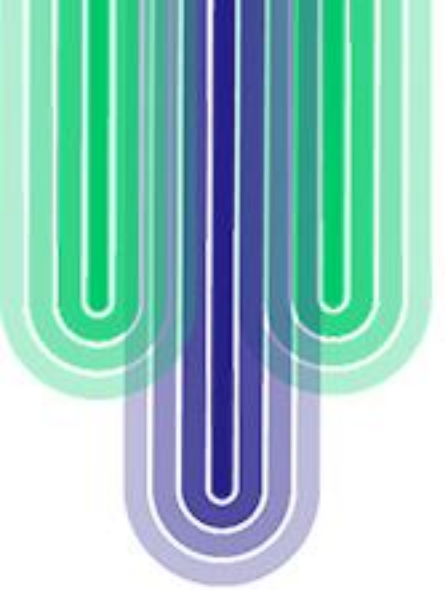
Camera mounted on user's head

Occlusion

- Self occlusion
- Interaction occlusion

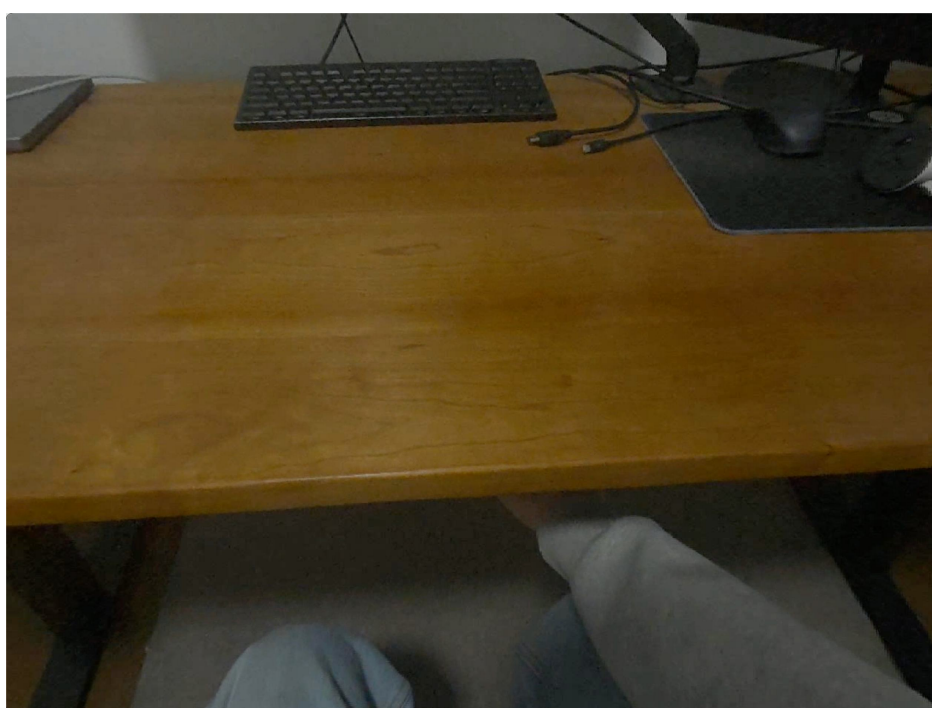
Constant Movement

- Head movement causes shifting backgrounds
- Hands frequently exit and re-enter the camera's FOV

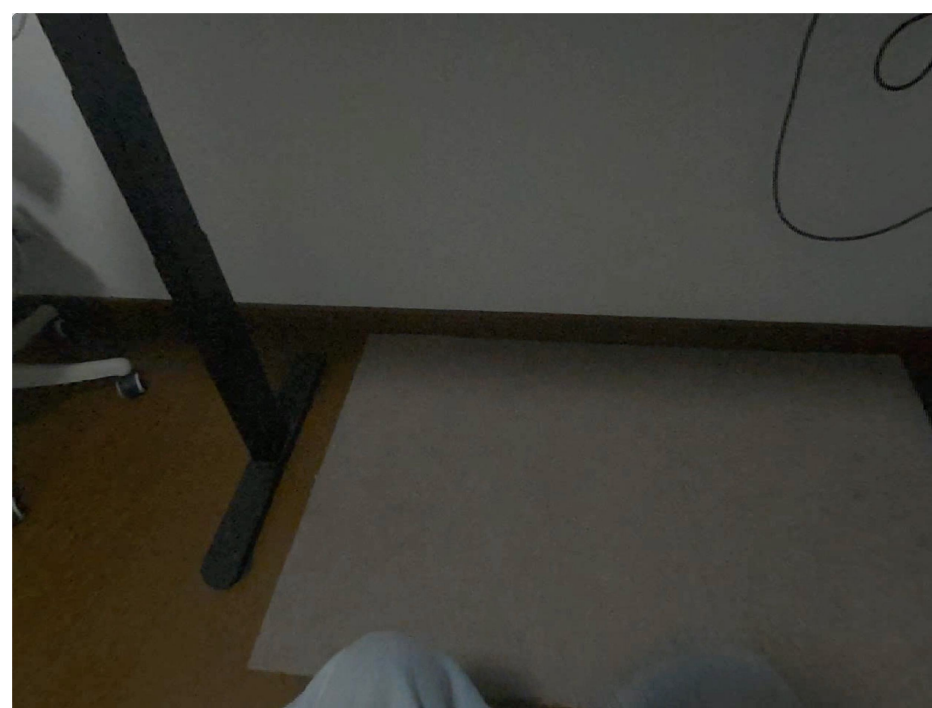


Hand Tracking Failures

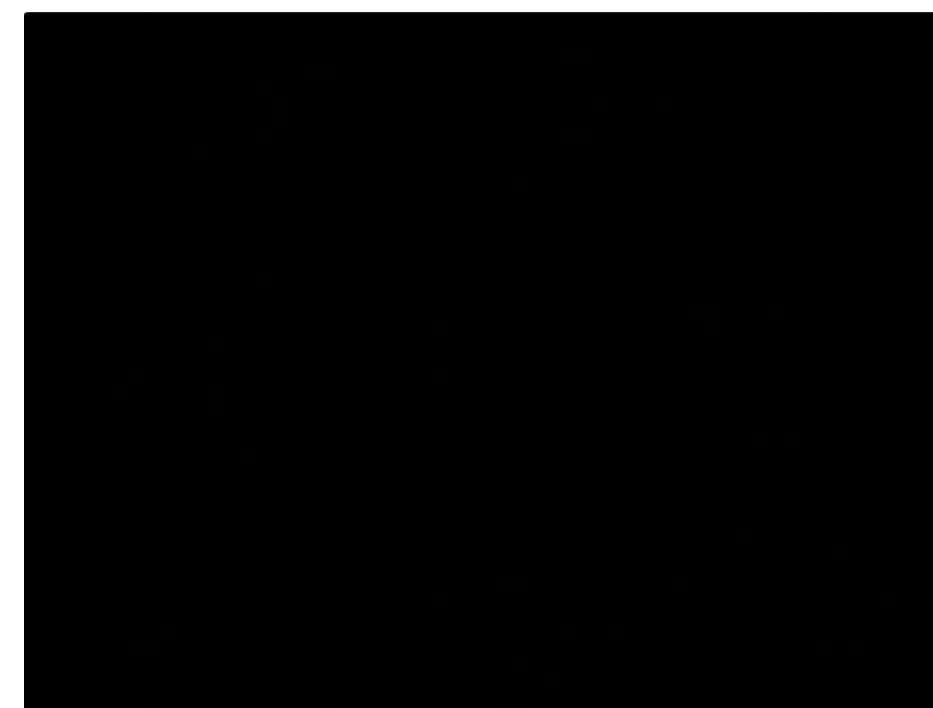
Common Types of Failures



Occlusion



Hands out of view



Low Light Condition

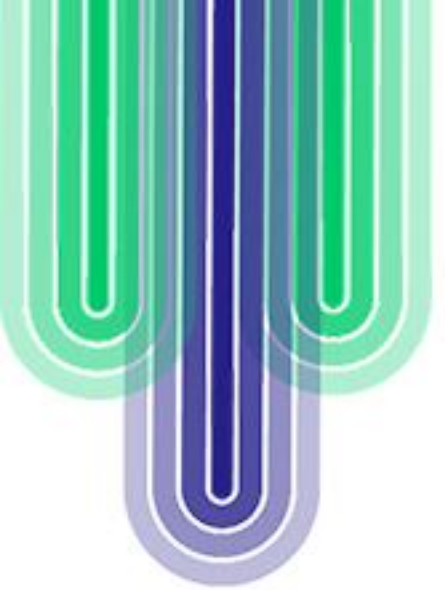


Motion Blur

ill-posed Problem

Ambiguous, unstable, or underdetermined
due to insufficient information

Hard to solve relying on hardware or algorithm solely...



Context-awareness and VLM

Hand-tracking failures are **ambiguous** when viewed only from sensor output, **but environmental, human, and task context can provide clues about the likely cause.**

Environment

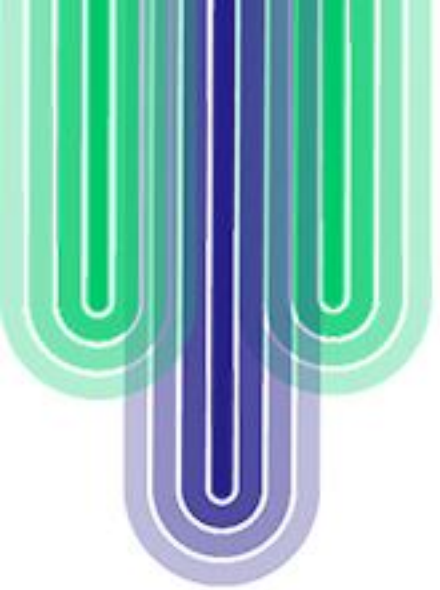
- visual view
- lighting and texture

User

- body movement
- physiological state

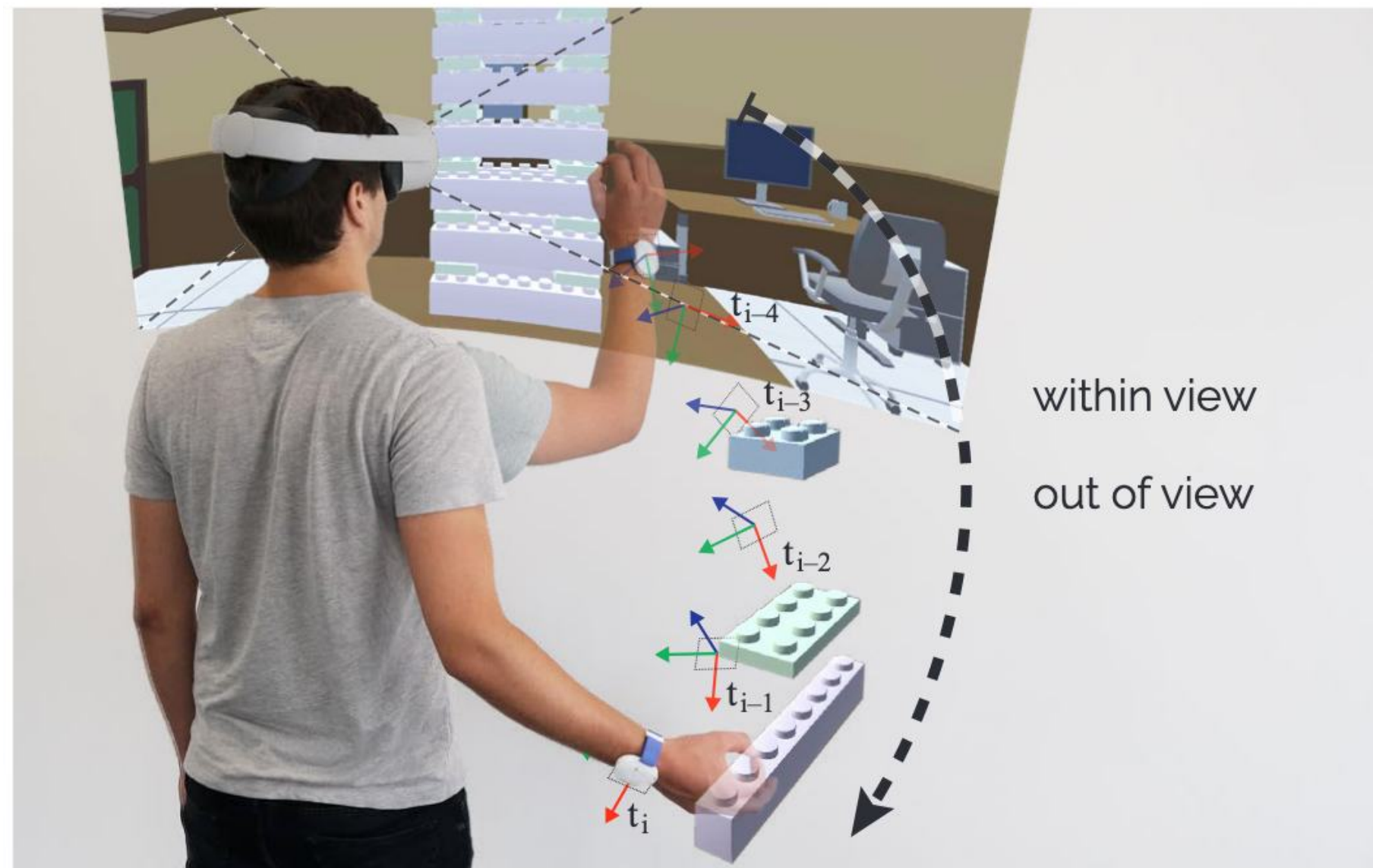
Task / Social Context

- interacting with targets
- constrained position in social activity



Complementary Tracking

Use complementary hardware to measure motion when hands are out-of-sight



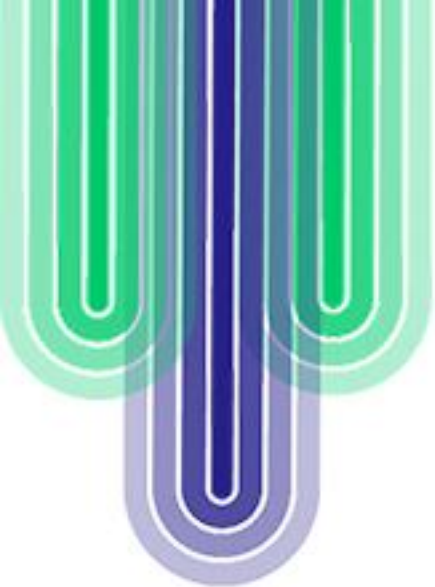
IMU

velocity and acceleration



EMG

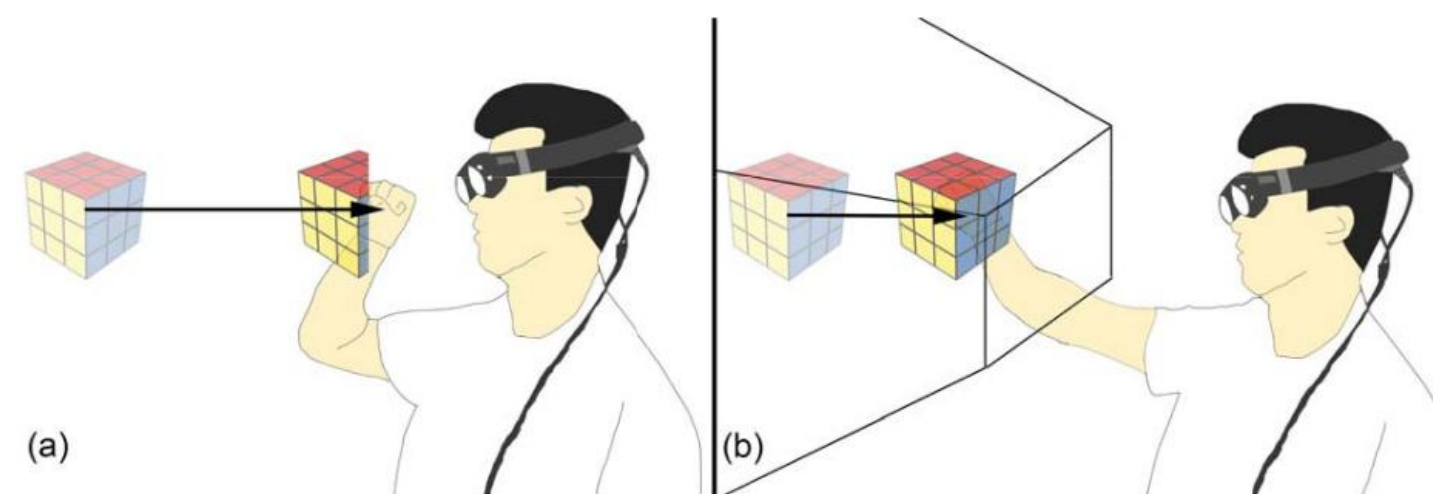
electrical signals from the muscles



Notification / Guidance for Hand Tracking Failure

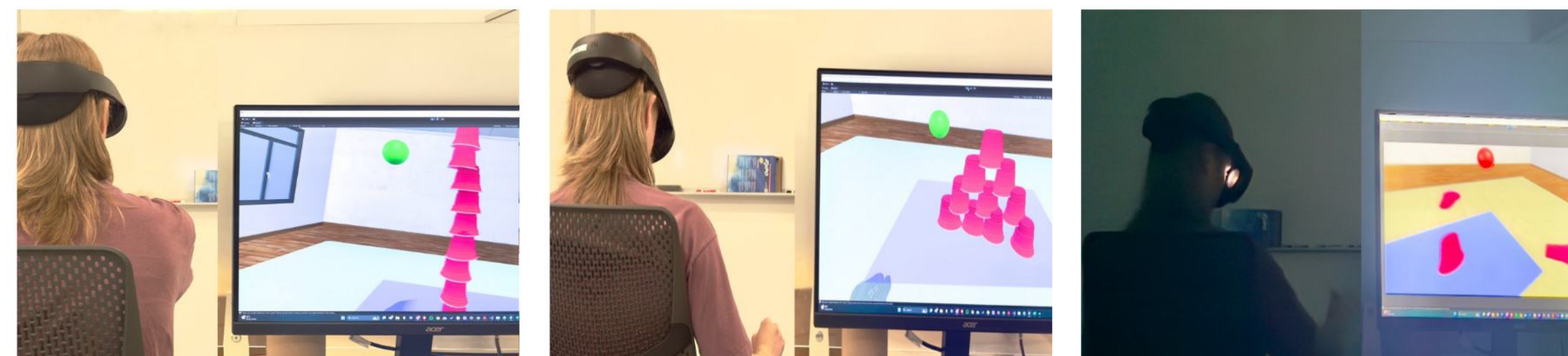
Visual Guidance for Boundary of Tracking Volume

Out-of-View Problem



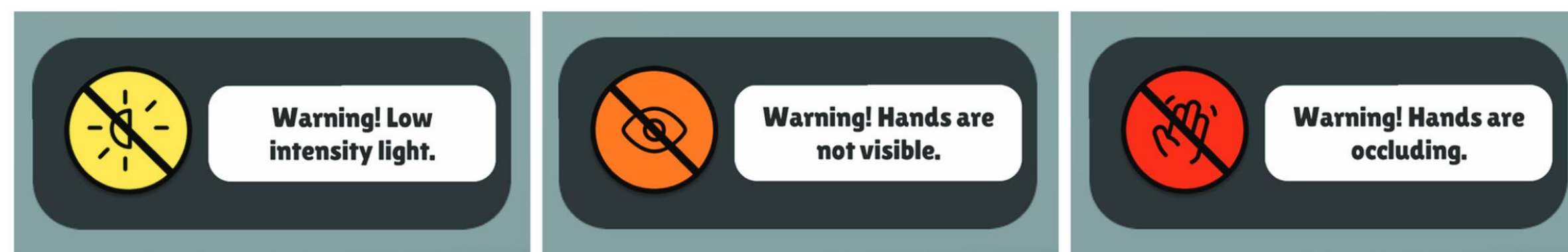
Visual Early Warning for Light-Based Hand Tracking Failures

Low Light Condition



Visual Early Warning for General Hand Tracking Failures

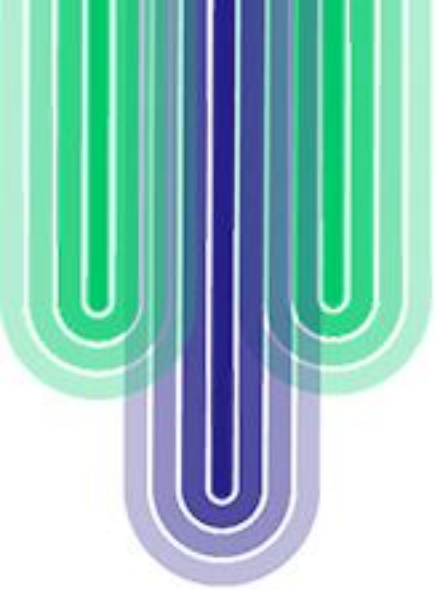
Low Light / Out-of-View / Occlusion



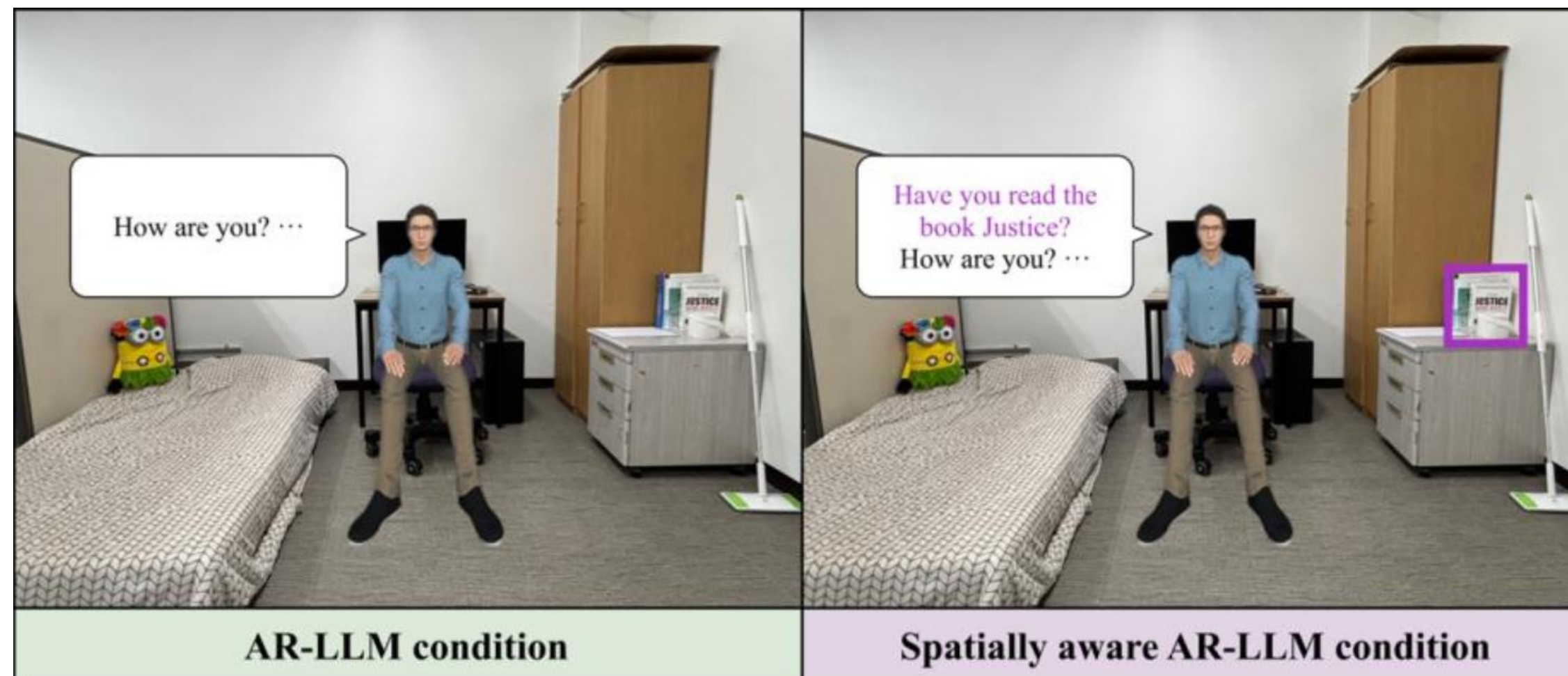
[1] W. Xu, H.-N. Liang, Y. Chen, X. Li, and K. Yu, "Exploring Visual Techniques for Boundary Awareness During Interaction in Augmented Reality Head-Mounted Displays," in 2020 IEEE Conference on Virtual Reality and 3D User Interfaces (VR), Mar. 2020, pp. 204–211. doi: 10.1109/VR46266.2020.00039.

[2] M. R. Bashar and A. U. Batmaz, "An Early Warning System Based on Visual Feedback for Light-Based Hand Tracking Failures in VR Head-Mounted Displays," IEEE Transactions on Visualization and Computer Graphics, vol. 31, no. 5, pp. 3645–3655, May 2025, doi: 10.1109/TVCG.2025.3549544.

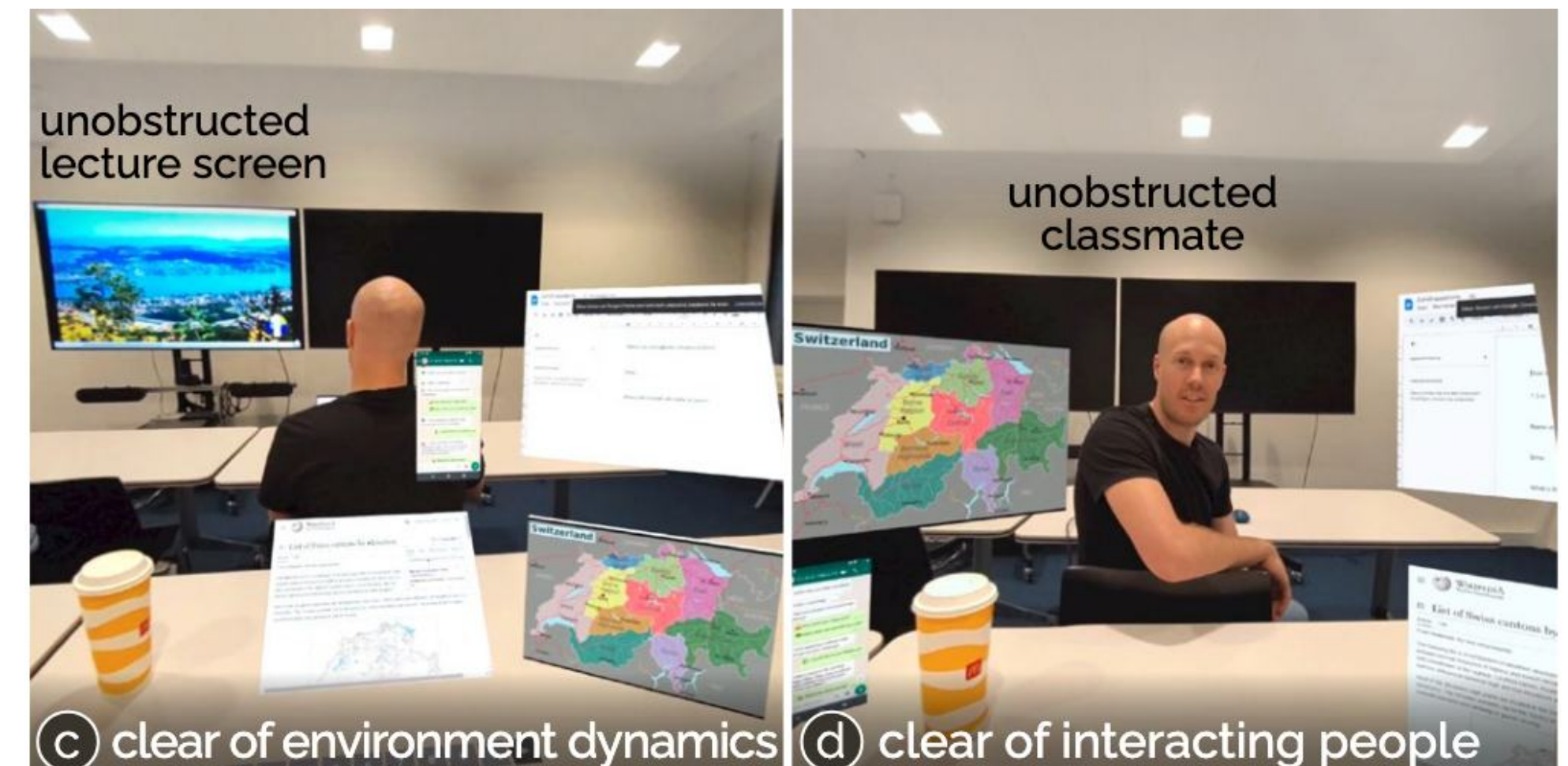
[3] M. Gemici, V. Phadnis, and A. U. Batmaz, "Before hands disappear: Effect of early warning visual feedback method for hand tracking failures in virtual reality," PLOS ONE, vol. 20, no. 6, p. e0323796, Jun. 2025, doi: 10.1371/journal.pone.0323796.



VLM Reasoning in Complex Context

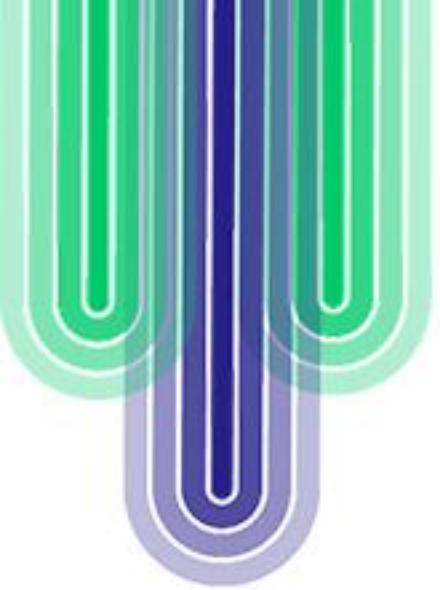


Understand spatial relationship for social interaction



Understand social context to optimize layout

- [1] Z. Li, H. Zhang, C. Peng, and R. Peiris, "Exploring Large Language Model-Driven Agents for Environment-Aware Spatial Interactions and Conversations in Virtual Reality Role-Play Scenarios," in 2025 IEEE Conference Virtual Reality and 3D User Interfaces (VR), Mar. 2025, pp. 1–11. doi: 10.1109/VR59515.2025.00025.
- [2] S. Oh, N. An, Y. Cho, M. Jung, and K. K. Kim, "When LLMs Recognize Your Space: Research on Experiences with Spatially Aware LLM Agents," IEEE Transactions on Visualization and Computer Graphics, vol. 31, no. 11, pp. 10090–10098, Nov. 2025, doi: 10.1109/TVCG.2025.3616809.
- [3] Y. Pei et al., "AttentionAR: AR Adaptation and Warning for Real-World Safety via Attention Modeling and MLLM Reasoning," in Proceedings of the 38th Annual ACM Symposium on User Interface Software and Technology, in UIST '25. New York, NY, USA: Association for Computing Machinery, 2025, pp. 1–19. doi: 10.1145/3746059.3747674.
- [4] Z. Li, C. Gebhardt, Y. Inglin, N. Steck, P. Strel, and C. Holz, "SituationAdapt: Contextual UI Optimization in Mixed Reality with Situation Awareness via LLM Reasoning," in Proceedings of the 37th Annual ACM Symposium on User Interface Software and Technology, in UIST '24. New York, NY, USA: Association for Computing Machinery, 2024, pp. 1–13. doi: 10.1145/3654777.3676470.



From Detection to Context-Aware Guidance

1. Hardware-dependent Recovery

Prior systems often rely on complementary sensing or external devices, rather than understanding the failure itself.

2. Shallow Feedback

Existing notifications mainly indicate that tracking is lost, but do not explain why it happens or what the user should do next.

3. Missing Contextual Understanding

Although VLMs can reason about spatial and social context, they have not been used to interpret hand-tracking failures and generate actionable guidance in MR/VR.

Method

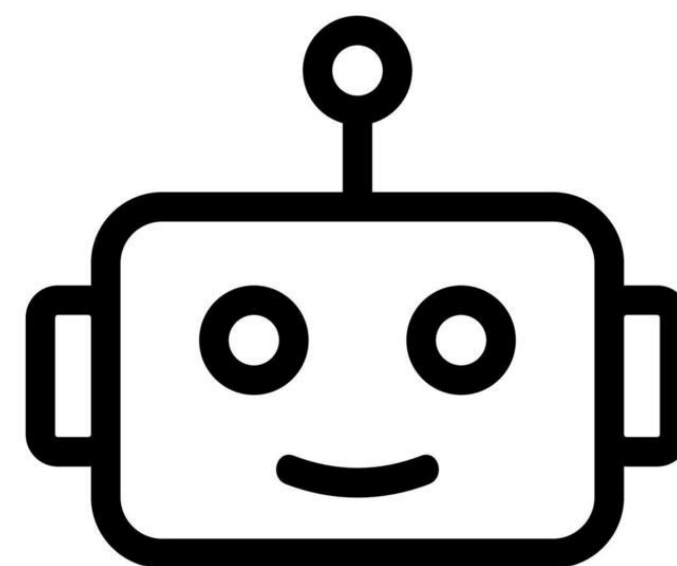
Diagnoses the failure



Provide guidance

Input

- Hand Tracking State/Confidence
- Video Clip of Actions



Prompt Eng

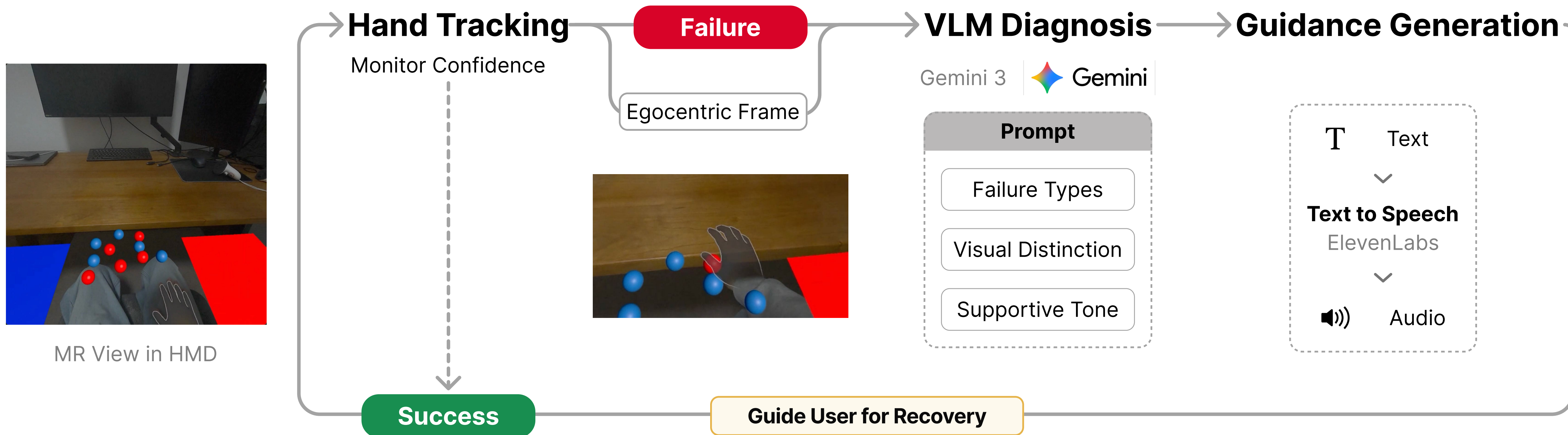
Knowledge of hand tracking failure
Prompt about support

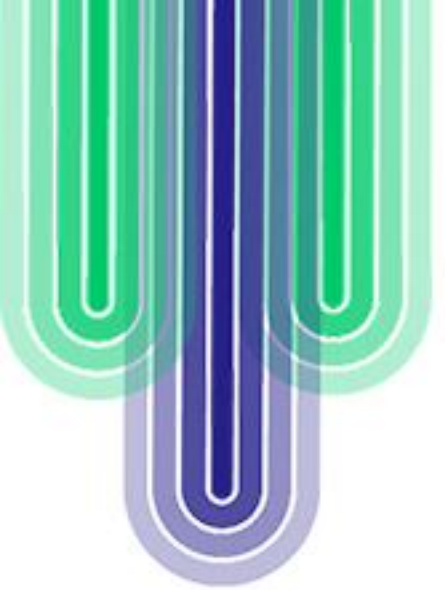
Output

- Diagnosis of Failure Type
- Suggestions for Improvement

Help user recover from dilemma!

System Pipeline





User Study Framework

Hand Tracking Failure Types

3

Hands Out-of-View

Occlusion between Hand and Physical Object

Low Light Condition

Feedback Types

2

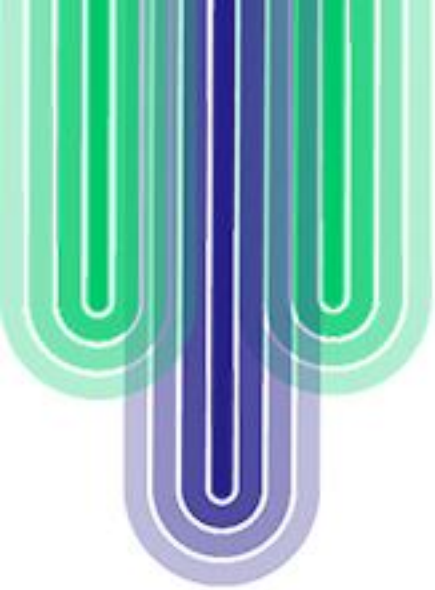
Visual Feedback

A ball in scene indicates the tracking status

- **Green - Successful**
- **Red - Failed**

Audio Feedback

A voice guidance indicates the failure



Task and Experiment

Task: Ball sorting in front of a desk

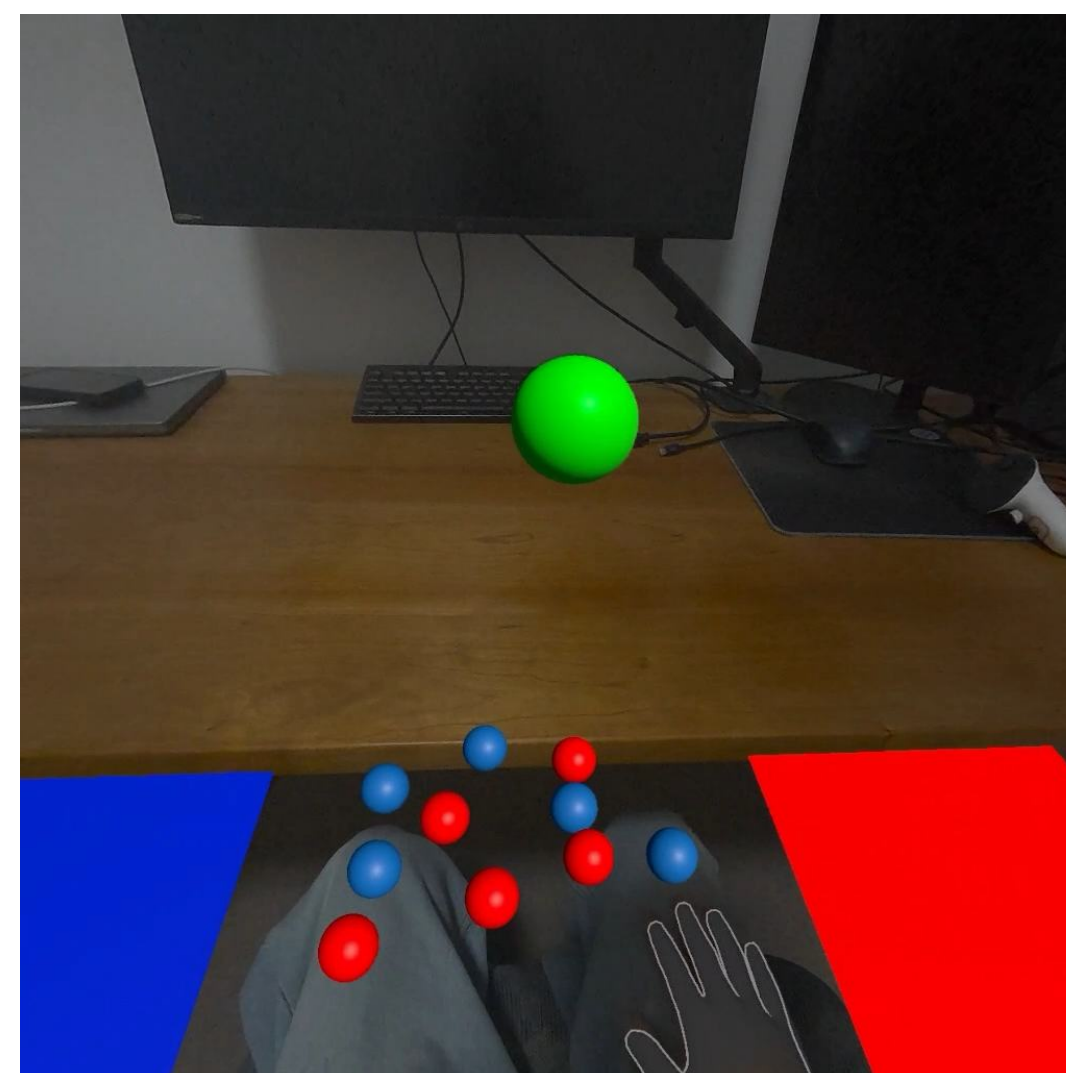
Evaluation: Modified Technology Acceptance Model (TAM) to access Perceived Utility (PU) and Perceived Ease of Use (PEU)

6 Participants

watched pre-recorded demonstrations

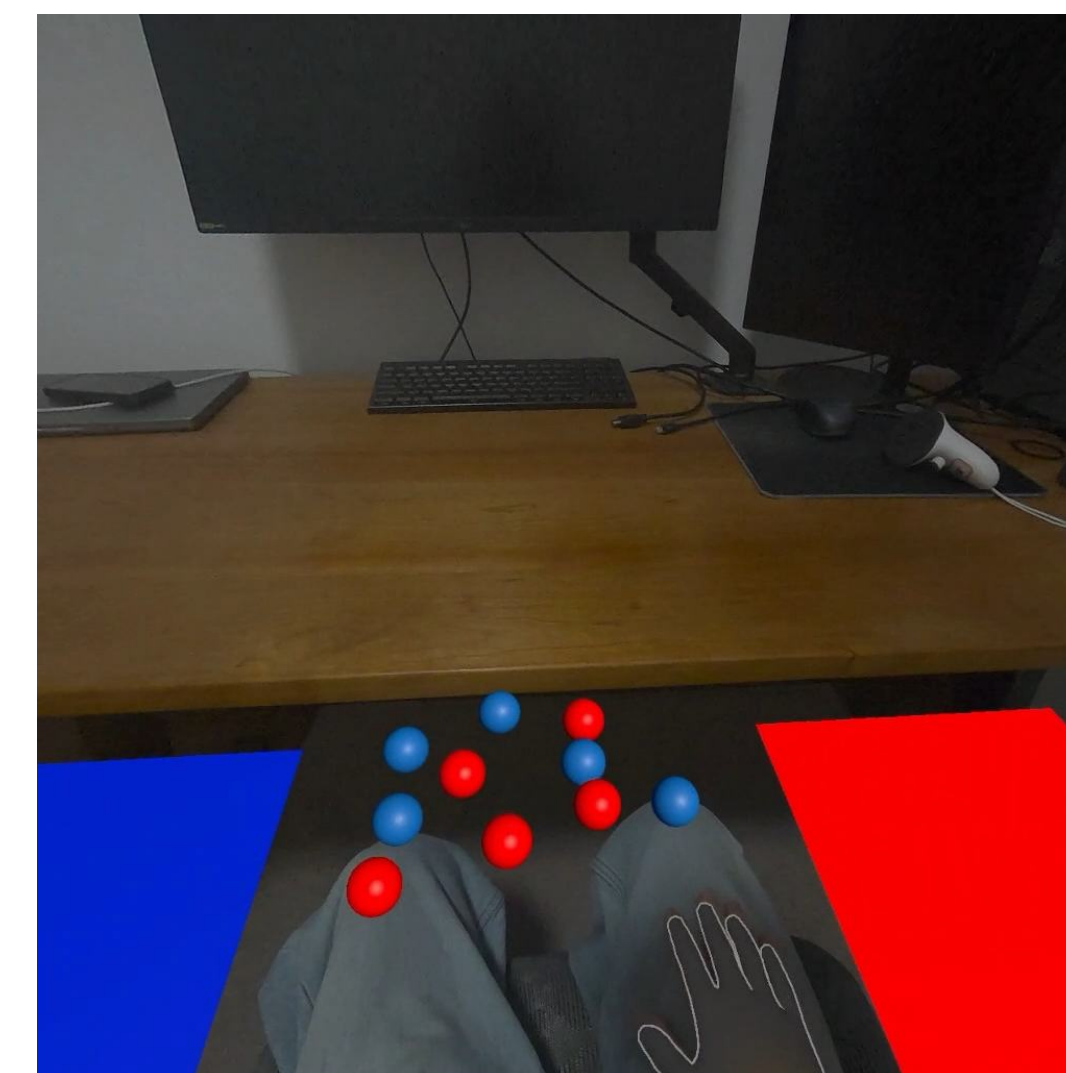
Visual

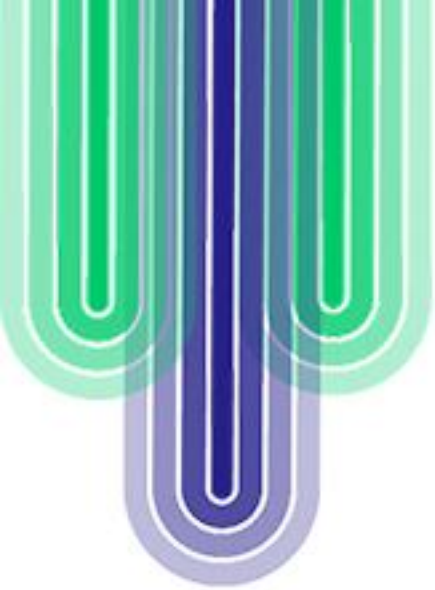
On-screen cues indicate tracking failure and recovery instructions



Audio

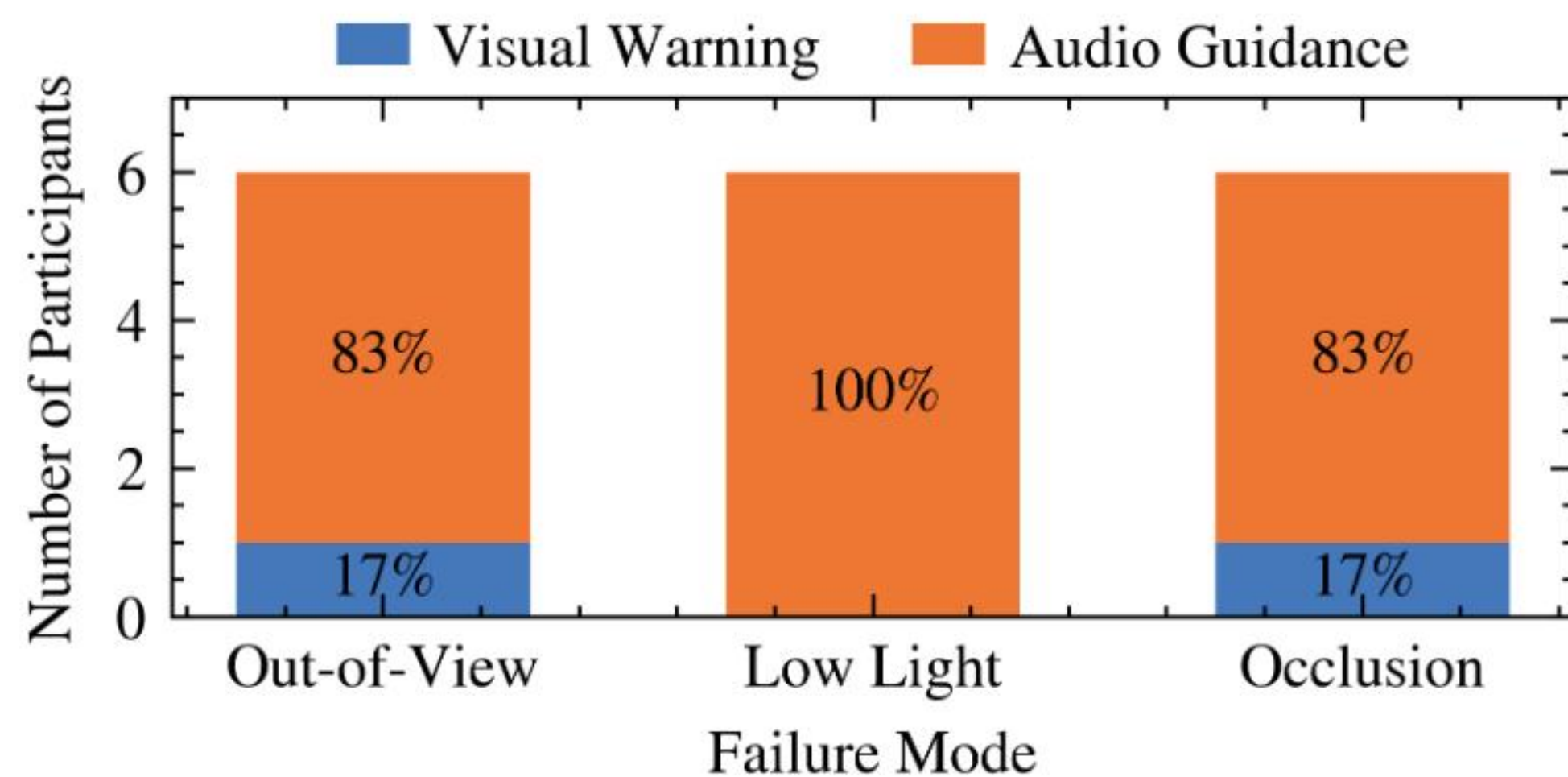
Auditory feedbacks diagnose of failure and recovery instructions





Results

User preference for Method

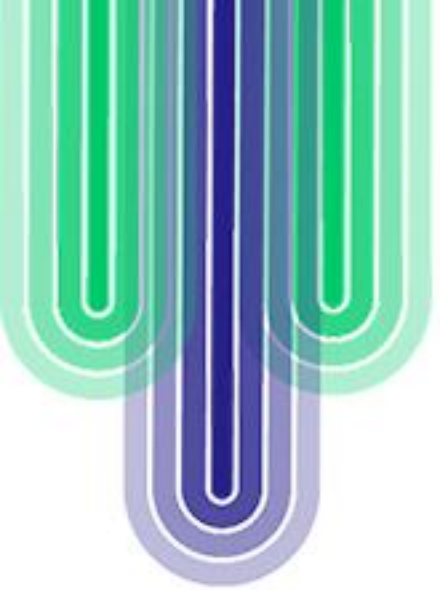


Preference shifts significantly toward VLM Audio Guidance

Mean (M) and Standard Deviation (SD) of TAM scores

TAM Metric	Visual Warning		VLM Guidance	
	M	SD	M	SD
Perceived Utility	5.11	0.92	5.17	1.16
Perceived Ease of Use	5.84	0.91	6.06	0.86

VLM condition achieved a higher Perceived Ease of Use (M= 6.06) than the baseline (M= 5.84)



Discussions

The preference for VLM guidance stemmed from the explanation of failure

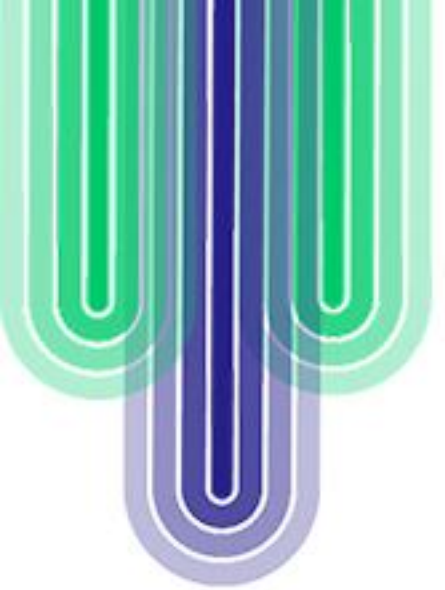
Participants noted that even when specific recovery instructions were imperfect, the provision of an explicit diagnosis significantly reduced the cognitive load of troubleshooting.

Precise Diagnosis



Action Suggestion





Discussions

The feedback need to balance between robustness and intrusiveness

Visual

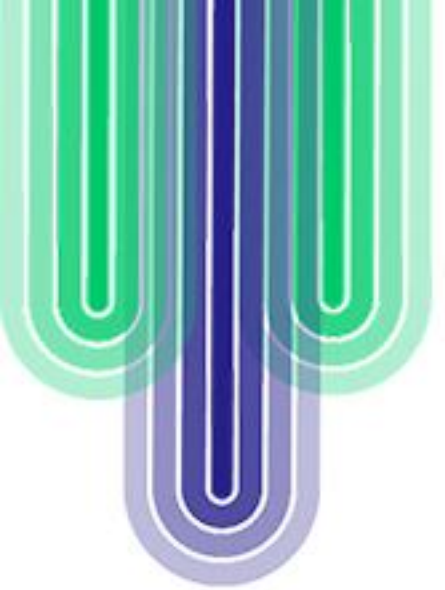
Jitter/Freezing during tracking failure

Visual Interference

Audio

Intrusive in high-concentration tasks

Limited accessibility (e.g., for users with hearing impairments) and applicability in noisy or social environments



Discussions

The capability of VLM

Latency

Delay introduces by VLM reasoning

Reasoning

Limited understanding for complex relationships

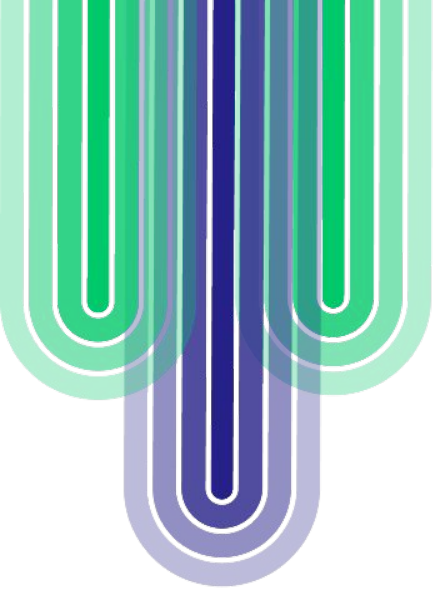
Alignment

Align with human user rating

- few-shot warm up

Context

- Context of virtual environment
- Video instead of image



Thanks for Listening!

yzou906@connect.hkust-gz.edu.cn

<https://yizou-joeey.github.io/>



Video Demo on Youtube